

Matua te tihi Matua te kaha Matua te āio Matua te mana Whiua te hā kino Tōkia te hā ora Ki runga, ki raro, ki waho, ki roto Haumi e, Hui e, Tāiki e We seek to acheive great things
We seek strength
We seek calmness
We seek to enhance mana
Cast aside anxieties
Surround ourselves with everything good
Above us, below us, outside of us, inside us
To this we all agree

Last year's annual report spoke to the Mission's response to COVID-19 and the challenges that arose for those we work with, our staff, and our organisational finances.

While the consequences of the global pandemic have been less dramatic this year, they have been no less urgent.

The delays to our Innovation Lab restarting continued well into Financial Year 2021, with some programmes first budgeted for 2019-20 now likely to start in 2021-22. The mental health impacts of the pandemic and pandemic management on the people we work with and our staff have become more visible, the ongoing shortages in the education and social services workforces, due to differential wage rates with government and the demographics of aging in Otago and Southland, have become much more pronounced with the addition of immigration restrictions.

We have also seen significant changes in the needs of those we seek to assist. The numbers of long-term unemployed have escalated quickly, while COVID and the government's response helped reduce the numbers of people in prison on sentence who we support (those on remand, a group that has increased significantly in size, receive almost no services). In Otago Southland, early childhood education has experienced volatility, with a noticeable number of whānau deciding to take their tamariki out of enrolled services, and many more whānau moving to centres closer to work, or centres that are cheaper.

Despite these challenges, we were again able to grow the Mission's provision, a remarkable achievement and testament to the skills and dedication of all those who work at the Mission.

In particular, the Mission's second Youth Transition House in Waihōpai has bedded in and is now running well and we are near completion of the first year of Southland's new Sustaining Tenancies service.

We have begun a major randomised clinical trial of oral language self-regulation, called Kia Timata Pai, with our research partners at the Wright Family Foundation, the Best Start network of early childhood education centres, and the University of Otago.

In the meantime, our Next Step Training team who deliver foundation education to Corrections' Paihere (clients), both Youth Transition Houses and our Taituarā a Hapori (specialist support), have received strongly positive reviews by accreditation agencies, and the Mission's Little Citizens' early learning centre continues to go from strength to strength.

Nō reira, Tēnā koutou, tēnā koutou katoa.

Laura Black, Kaihautū, *Director* & Richard Devereux, Tiamana, *Chairperson*

MAJOR FUNDERS & PRIVATE DONORS

Callis Charitable Trust Community Trust of Southland Counties Manukau District Health Board Dunedin City Council Methodist Church of New Zealand (Te Haahi Weteriana o Aotearoa Milton Community Health Trust Ministry of Housing & Urban Development Ministry of Justice Ministry of Social Development Oranga Tamariki – Ministry for Children Otago Community Trust Shacklock Chartiable Trust Sport Southland -Tū Manawa Active Aotearoa Fund Tertiary Education Commission Timothy Blair Trust

Wesleydale Trust Westpac Wright Foundation

Private Donors

David Eggers
Debbie Iversen &
Wayne Goodall
Father Peter Devereux
Helen Watson White
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of Ian Bartlett
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Paul H Barton R R Miller Rachael Masterton Richard Devereux

Richard Devereux
Sue Clarke
The Choristers

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We expressed an unmodified audit opinion on the audited financial state September 2021.

The summary financial statements do not contain all the disclosures required by New Zisal

INDEPENDENT

AUDITOR'S REPORT

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Cross New Zestand Audit Partnership CHARTERED ACCOUNTANTS

ENGAGE - REACHING MORE CHILDREN IN 2021 - 2022

Ten years ago, the Dunedin Study published a famous research paper showing that self-regulation skills predicted adult outcomes in almost every area of life (health, employment, relationships, finances, behaviour, criminal offending, life satisfaction etc).

Self-regulation is made up of emotional, cognitive and behavioural skills (our "feeling, thinking and doing" skills) that help us to manage intense emotions, make plans, organise our lives and manage information. These essential skills can be improved with practice, and the best time in your life to develop these skills is the pre-school and early primary school years.

ENGAGE is a fun, evidence-based approach to developing children's self-regulation skills through play. **ENGAGE** was developed by Associate Professor Dione Healey (University of Otago) and Methodist Mission Southern has been partnering with Dione since 2016, to deliver **ENGAGE** to early childhood centres and primary schools – with the long-term goal of making the programme available to all New Zealand children. Along the way, we've received incredible support from a range of partners, including The Tindall Foundation, Professor Richie Poulton, our colleagues at Emotional Regulation Aotearoa New Zealand (ERANZ), and other collaborators and funders, including Best Start, The Wright Family Foundation, The South Auckland Social Wellbeing Board and crucially, thousands of early childhood and primary school teachers around New Zealand.

Together, through numerous trials and pilots, we've demonstrated that **ENGAGE** produces significant self-regulation benefits for children, by playing simple games for around 30 minutes a day and incorporating these games into everyday activities. Overall, children participating in **ENGAGE** are better able to manage their intense emotions, focus on tasks, participate in more learning activities, and improve their social interactions and behaviours – setting them up for improved outcomes right across their lifetimes!

Now The Ministry of Education is funding a 12 month scale-up pilot – where **ENGAGE** will be delivered to 130 early learning services in Auckland, Bay of Plenty and Otago/Southland – to determine readiness and possible next steps for further scaling from 2022 and beyond. This is an amazing opportunity to grow our impact, and we're very excited to get started on this mahi in July.

As well as the scaling-up pilot, we'll also be running several important projects that are designed to improve our ability to reach more children with ENGAGE:



Kia Timata Pai – a gold standard research study, delivering oral language (ENRICH) and self-regulation (ENGAGE) support to over 1,000 children at 140 Best Start ECEs around New Zealand, over four-and-a-half years. A partnership between MMS, Best Start, ERANZ, and funded by The Wright Family Foundation.

Kaupapa Māori Self-Regulation Partnerships – partnering with kohanga reo, kura kaupapa and kaupapa Māori subject matter experts to explore self-regulation in Māori-medium learning environments – funded by The Tindall Foundation.

ENGAGE + Start Well – delivering ENGAGE to a group of whānau currently supported by the Start Well programme – funded by Counties Manukau DHB and the South Auckland Social Wellbeing Board.

ENGAGE + LEAP – a partnership with Dr Alison Leversha (Starship Child Health), looking at ways of adapting ENGAGE to support primary school children with additional language and motor needs.

ENGAGE Whānau & Community – a test and learn pilot working with primary schools, whānau and community groups – funded by ACC.

The next 12 months represent an incredible opportunity to support thousands of New Zealand children by building the skills they need to thrive at school and lead healthy, fulfilling lives.

To find out more about ${\bf ENGAGE},$ visit ${\bf www.engageplay.co.nz}$





SUMMARY FINANCIAL REPORT

Summary Statement of Comprehensive Revenue and Expense for the year ended 30 June	2021 2021	2020
Revenue from Exchange Transactions	3,284,669	3,210,546
Revenue from Non-Exchange Transactions	1,027,731	749,565
Less Total Expenses	4,234,454	4,369,318
Plus Net Surplus from Finance Activities	131,351	128,276
Operating Surplus / (Deficit)	209,297	(280,931)
Plus Other Gains / (Losses)	(36,782)	(208,752
Surplus / (Deficit) for the year	172,515	(489,683)
Other Comprehensive Revenue and Expenses	-	-
Total Comprehensive Revenue and Expenses for the Year	172,515	(489,683)
Summary Statement of Financial Position as at 30 June 2021	2021	2020
Assets		
Current Assets	3,471,953	3,214,324
Non Current Assets	354,496	431,136
Total Assets	3,826,449	3,645,460
Less Liabilities		
Current Liabilities	444,394	435,920
Non Current Liabilities	-	-
Total Liabilities	444,394	435,920
Net Assets	3,382,055	3,209,540
Equity		
Accumulated Funds	3,382,055	3,209,540
Total Equity	3,382,055	3,209,540
Summary Statement of Changes in Net Assets for the year ended 30 June 2021	2021	2020
Balance at start of period	3,209,540	3,669,223
Surplus / (Deficit) for the year	172,515	(489,683)
Other comprehensive revenue and expenses	-	-
	3,382,055	3,209,540
Summary Statement of Cash Flows for the year ended 30 June 2021	2021	2020
Net Cash from / (used in) operating activities	166,113	(94,960)
Net Cash from / (used in) investing activities	52,883	89,898
Net increase / (decrease) in cash and cash equivalents	113,230	(5,062)
Cash and cash equivalents, beginning of the year	37,898	42,960
Cash and cash equivalents at end of the year	151,128	37,898
_	191,120	37,090

NOTES TO THE SUMMARY FINANCIAL STATEMENTS

These are the summary financial statements of the Methodist Mission (the "Mission") for the year ended 30 June 2021

The specific disclosures included in these summary financial statements have been extracted from the full annual financial statements that were authorised for issue by the Board on 3rd September 2021. The full annual financial statements dated 4th September 2020 have been prepared in accordance with Tier 2 Public Benefit Entity (PBE) Financial Reporting Standards as issued by the New Zealand External Reporting Board (XRB). They comply with New Zealand Equivalents to International Public Sector Accounting Standards Reduced Disclosure Regime (NZ IPSAS with RDR) and other applicable Financial Reporting Standards as appropriate to Public Benefit Entities.

This summary financial report does not include all the disclosures as in the full financial statements and therefore cannot be expected to provide as complete an understanding as provided by the full financial statements comprising comprehensive revenue and expense, financial position and cash flows of the Mission.

An unqualified audit opinion has been received on the full financial statements for the year ended 30 June 2020. A copy of the full financial statements of the Methodist Mission for the

year ended 30 June 2021 may be obtained upon request from the Methodist Mission, 44 Teviot Street, South Dunedin, Dunedin.

The summary financial report has been examined by our auditor for consistency with the full financial statements. An unqualified audit opinion has been received. These summary

financial statements were approved for issue by the Board on 3rd September 2021.

Basis of Preparation – The Mission is deemed a Public Benefit Entity and is registered with the Charities Commission.

These are the summary financial statements and they comply with PBE FRS 43: Summary Financial Statements. The presentation currency is New Zealand dollars and all amounts

have been rounded to the nearest dollar, except where otherwise indicated.

The full financial statements upon which these summary financial statements are based, have been prepared to comply with the Accounting Standards Framework for Public Benefit Entities.

Specific Accounting Policies - All specific accounting policies have been applied on the same bases as those used in the full financial statements of the Mission.

Changes in Accounting Policies - The accounting policies have been applied consistently to all periods presented in these summary financial statements and there have been no changes in accounting policies during the year.

COVID-19 - The Board is aware of the current Covid-19 emergency and the New Zealand Government's decision that all non-essential businesses are to close effective 17 August 2021. This matter is being addressed with business continuity planning and the Board have considered that this is a "non-adjusting" subsequent event and there is no impact on the 2021 financial year.

Financial forecasts have been prepared until June 2022 under scenarios which show that profitability and cash flows along with cash reserves are adequate to meet the investing and financing cash flow requirements of the Mission. For this reason, the Board continue to adopt the going concern assumption in preparing the Financial Statements for the year ended 30 June 2021.





Timaru

Brief Drink Driving Programme

Oamaru

Parenting Through Separation

Dunedin

House (YTH)

Dunedin Little Citizens

ENGAGE Client Support Service Brief Drink Driving Programme Parenting Through Separation Virtual Reality Learning **Community Short Courses Otepoti Youth Transition**

Milton

Client Support Service Programmes at Otago

- Corrections Facility
- Brief Drink Driving Programme - Literacy and Numeracy
- NZ Certificate in Foundation Skills (Level 1 & 2)
- Skills for Dads
- Story Reading Dads Programme
- Driver Licence Training - Virtual Reality Learning

Balclutha Parenting Through Separation

Brief Drink Driving Programme

Invercargill

Waihōpai Youth Transition House **Sustaining Tenancies**

- Programmes at Invercargill Prison
- Skills for Dads
- Story Reading Dads

Alexandra

Parenting Through Separation

Wanaka

Parenting Through Separation

Queenstown Parenting Through Separation

New Zealand Integrated Services Hub

SUPPORT THE MISSION

Methodist Mission Southern works to create positive, sustainable change for individuals and families throughout Otago and Southland. While we currently achieve a lot, we will achieve even more with your support.

Ways you can help (individuals):

- A one-off donation via our Givealittle page -
- https://givealittle.co.nz/org/methodistmissionsouthern Regular contributions via automatic payment
- Sign up for Payroll Giving with your employer
- A specific bequest when making your will

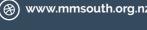
Ways you can help (businesses):

- Support Payroll givingOne-off donation donating goods or services • Sponsorship opportunties with name-association
- One-off fundraiser
- Volunteering

To find out more about the Mission, please feel free to contact us on (03) 466 4600 or admin@mmsouth.org.nz







LITTLE CITIZENS EARLY LEARNING







Did you know that our Little Citizens Early Childhood Centre was established in the 1930's and has been with the Mission since 1954?

As one of our longest running services, Dunedin Little Citizens continues to thrive and grow and is situated in Oxford Street in South Dunedin and is now licensed for

Over this time our communities have become more culturally and ethnically diverse and this is reflected in our tamariki at Little Citizens with over 50% identifying as Māori, Pasifika or Asian. This brings to our Centre a colourful array of experiences for our whānau and Kaiako (teachers) with rich interactions shared daily.

At Little Citizens, we ensure our tamariki are supported daily with healthy kai cooked at the Centre, developmental milestones which provide support and encouragement needed to succeed and a large outdoor area for essential physical activity - giving our children the best possible nourishment to take the next steps in their young lives.







Little Citizens

of tamariki identifying as Māori, Pasifika or Asian



YOUTH TRANSITION HOUSES



2021 is a year of celebration at Methodist Mission Southern's Youth Transition Houses (YTH). It marks the 3rd year anniversary since the first resident stepped through the door of the Ōtepōti house. It is also the anniversary of the Waihopai house, which opened in Invercargill at the same time as many were battling COVID-19 restrictions.

The Mission's YTH priorities are twofold, to prevent youth homelessness, and to support rangatahi to transition to independent living situations, whether that is living alone, living with others in a flat, or with whanau, or friends.

YTH provide a safe and supported living environment for some of our most vulnerable rangatahi. For many, it is the first time that they have felt safe and secure with a room to call their own. The Mission attributes the success of its YTH model to its client-centred design, the hard-won trust afforded to Mission staff by rangatahi, and the resilience of rangatahi as they are supported to transition to independent living.

In this short time period over 60 rangatahi have successfully transitioned through the Ōtepōti and Waihōpai residences. One of those who successfully transitioned explained the importance of the YTH in this way:

I was living on a couch and didn't have enough money to change that. I hadn't had anyone look out for me in a long time either. I had just about forgotten that I was still a teenager. I could only think about 'how long can I sleep on this couch? Am I going to have enough to eat?' I turned my whole life around in that house.

Many rangatahi who stay at the YTH have complex lives, often having fallen through the cracks in our national housing crisis. Many come to YTH, having been impacted by trauma or mental health issues, and are often not a fit for other social support available.

While housing is a complex issue, the time to address it is always now



One third of all being rangatahi under the age



being rangatahi, Māori having been in 'care' at some point in their young lives.

Of that cohort

Our Taituāra a Hāpori (Specialist Support) work with rangatahi to develop individual action plans to encourage and map progress towards personal goals, and prepare for successful transitions to independent living. Rangatahi are supported to remain at school, enrol in an education or training course, or find meaningful work experience or employment. This support includes options, ranging from the development of foundation skills, to Youth Guarantee unit standards and NCEA qualification achievement. There is also supported access to vocational training and links with local employers as well as assistance with job and accommodation searching.

Evening support includes on-site access to personal development and life skills initiatives and health services such as budgeting and cooking, personal care and interpersonal skills. Night-time support and supervision is provided by overnight staff who

According to Paula West, MMS's Kaitui Te Here Tākata:

Youth homelessness is a national crisis. We've worked really hard and after three years we can say we have a model that works. We've had to tweak a few things, but heading into our fourth year we know that what we are doing works. 60 rangatahi living independently in the community tells us that. //

As we go to print, we are hoping to finalise a partnership with the Ministry of Housing and Urban Development (HUD) to open a Young Mums YTH in Waihōpai in close proximity to our existing YTH, as well as additional longer term YTH houses in Ōtepoti and Waihōpai. We are excited to be expanding the YTH services to include additional communities of need.

SUSTAINING TENANCIES

The Mission employed its first Sustaining Tenancies Officer/Navigator (STO) in Waihōpai in October 2020.

The STO works to prevent homelessness by funding community-based services to support individuals, families and whānau who need help to sustain their tenancy and address issues putting their tenancy at risk

The Mission is responsible for the Sustaining Tenancies service in Waihōpai, offering support for individuals, families and whānau who need a low level of support to stay in their home, or for tenants with complex lives (and who may need support with mental health, drugs or alcohol problems), or for vulnerable tenants experiencing multiple risk factors and adverse life events (such as those who may have recently been released from prison, or those who have experienced

ow will Sustaining Tenancies Support Tenants?

Once a tenant is referred to the STO (either through self-referral or referral from another community organisation), the STO works with the tenant to assess the level of support that they might need and to develop a whānau-led plan. Based on that report, the tenant receives the support required to help them navigate toward the end goal of their plan. A number of core services provided to tenants by our Support Service officer are: advocacy with landlords, advocacy and support navigating social and health services, budget services, and essential life skills coaching. When tenants are back to sustaining their tenancies, they are then given support to develop a plan to become independent of the service.

The STO in Waihōpai works with up to forty clients to prevent homelessness and sustain tenancies and address issues that put tenancies at risk.



Annual Report

